



# leadchange



## Change REACH Tool

Practical tools for leading  
in times of change.



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# Change Resistance

## Worksheet

Use this worksheet and the REACH Model to help you identify specific change resistance that you are experiencing and plan appropriate actions to address the resistance.

What is the nature of the resistance you are experiencing? What specifically have you seen? What specifically have you heard?

	What do they need?	What will you do and say?
<b>R</b> Recognize		
<b>E</b> Explore		
<b>A</b> Affirm		
<b>C</b> Confirm		
<b>H</b> Honor		